

Smoothie bowls

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Fresh Fruit Express introduced their smoothie concept in 2007. Consequently, the step to smoothie bowls was not so big for us. The thickness of the smoothie bowl differs from that of the smoothies. Moreover, you have the possibility to decorate the smoothie bowls with various toppings such as pieces of fruit, seeds, muesli, nuts or coconut grater. These toppings give the smoothie bowl their attractive appearance!

Why smoothiebowl?

In recent years, the smoothie bowl has really become a trend. It is quick to prepare and suitable for breakfast, lunch or as a snack. The full texture of the bowl in combination with the toppings gives a full feeling. You can finish the smoothie bowl yourself with toppings, so each bowl is unique!

Prices

For each smoothie bowl, you pay approximately € 1.05 for 100 ml of base smoothie juice and a bag of fruit mix. If you add 2 x 150 g bananas, you will end up with a price of approximately € 1.35 excluding toppings.

Serving tips

Serve your smoothie bowls, for example, in environmentally friendly handmade coconut bowls.

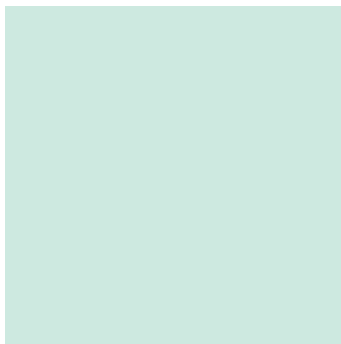
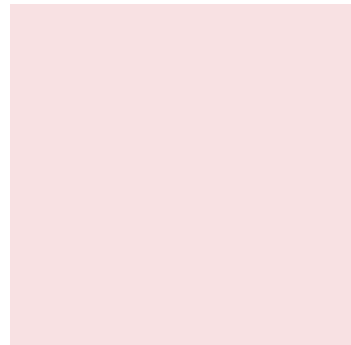
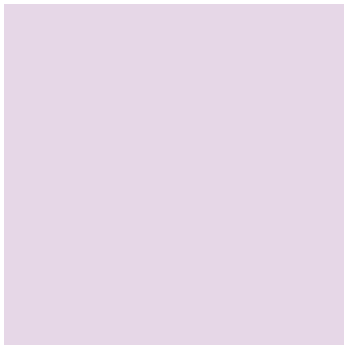
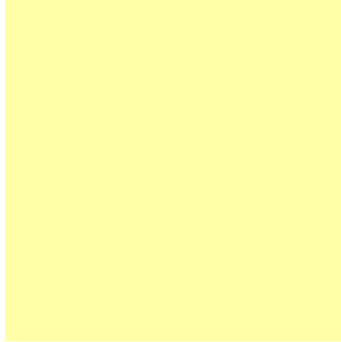
Preparation method

1. Pour 100 ml of smoothie base juice into the blender cup
2. Add 2 (frozen) bananas
3. Add the fruit mix of your choice
4. Blend briefly and at a low speed (setting 4 on the Fresh Fruit Express blender) for a firm mass
5. Put the toppings such as pieces of fruit, seeds, muesli, nuts or coconut grater on the smoothie bowl

Why Fresh Fruit Express?

When using our frozen sachets of fruit and smoothie base juice, you can enjoy a long shelf life. The high quality of our smoothie base juice in combination with the frozen fruit bags gives the unique taste of Fresh Fruit Express to the smoothie bowls. Our frozen fruit mixes are available at many distributors.

FRESH FRUIT[®] EXPRESS



EASY,
HEALTHY
& FUN